

MAY
2018

BOOK
ONLINE

**HALF TERM
HOLIDAY ACTIVITIES**
eppingforestdc.gov.uk/holiday-activities
or telephone 01992 564226 (Mon-Fri 10am - 4pm)

MULTI-SPORTS DAYS

PLAY IN THE FOREST

CRAFTS



Epping Forest
District Council

www.eppingforestdc.gov.uk



livewell
in the Epping Forest District



@EFDCCommunities



@efdcsports

EPPING FOREST MULTI SPORTS DAYS



AGES
5-14

COST
£16.50

Tuesday 29th May

Leverton Junior School, Honey Lane,
Waltham Abbey EN9 3BE

9.15am – 3.30pm (Registration 8.45am – 9.15am, Collect 3.30pm – 4.00pm)

Come and join our experienced coaches for a day of exciting activities. We believe that there is a sport and activity for everyone. At our Multi Sports days, young people can expect to get to try a mixture of traditional and non-traditional sports from Tennis to American Football with some wacky games and competitions thrown in for good measure.

Young people will need to dress appropriately for both indoor and outdoor sports, we would also advise a change of clothing in case of bad weather. Young people will also need a packed lunch, and plenty to drink (fruit juice or water please, no sports drinks). A healthy morning snack will be provided.

Thursday 31st May

Loughton Cricket Club, The Uplands,
Loughton IG10 1NQ

CUSTOMISE YOUR OWN DENIM

Tuesday 29th May 6pm – 8pm

Communities Training Room, EFDC, 25 Hemnall Street, Epping CM16 4LU

Following on from our popular 'Customise Your Own T-shirt Workshop' is our 'Customise Your Own Denim Workshop'. In a world of mass production and fast fashion why not take some time out and learn how to distress, embellish or bleach your denim to make a one off fashion special. Bring along your own denim jeans or shirt you would like to customise and we will provide the rest.

All materials, food and drinks will be provided.

AGES
11-16

COST
£5.50

SALT DOUGH ART

Tuesday 29th May 10am – 12pm

Communities Training Room, EFDC, 25 Hemnall Street, Epping CM16 4LU

Learn to make jewellery and art pieces using salt dough. All materials and paints will be provided. Any items you make can be taken home. **Booking essential.**

AGES
5-15

COST
£5.50

PLAY IN THE FOREST

Wednesday 30th May 10am – 12pm

The Stubbles, Nursery Road, Loughton IG10 4DZ

Play in the Forest is all about playing games and having fun in the forest. Join us for this Spring themed activity. We'll have bug hunting, den building and a live story telling session as well as a host of Spring related activities. **Drop in at any time. No need to book.** Parental supervision required.

Please note: 'Play in the Forest' sessions are provided as play opportunities for children and not as child care. All children may come and go as they please. Staff are not obligated to prevent any children from leaving the sessions. Parents/Carers are free to stay and join in.



ALL
AGES

COST
£3

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