Summer Activities 2021

Children & young people’s activities, Family entertainment, Multi-sports days ...and much more!

Epping Forest District Council
www.eppingforestdc.gov.uk
Welcome to the 2021 summer activities brochure brought to you by the Community, Culture and Wellbeing Team at Epping Forest District Council. Inside you will find lots of exciting things to do throughout the school holidays. As ever there is a wide range of activity days, family workshops and multi-sport activity sessions.

Young people with additional needs are welcome to take part in many of the activities. Please phone us before you book to check if your chosen activity can meet your requirements.

The Epping Forest Inclusion Project runs a number of sessions and activities for children and young people with additional needs. Please see page 6 for more details.

How to book
Most activities need to be booked and paid for in advance, unless otherwise indicated.

Online bookings open 14 June eppingforestdc.bookinglive.com

For help with your booking please call 01992 564226 (open Monday–Friday 10am–4pm)

How to pay
You can pay by credit or debit card
Throughout the holidays

Multi-sports Camps

£21 per day

Multi-sports Camps

We’re back! This summer our Multi sport camps return in both Epping and Loughton. Play loads of fun games and sports including Football, Tennis, Handball, Athletics, Dodgeball, Mini Olympics and so much more! This year we have some great prizes up for grabs so be prepared to compete to win! We promise you’ll have fun so join our brilliant coaches this summer for hours of fun. Book one day or the whole week!

Please bring a packed lunch and a refillable water bottle.

9.15am – 3.30pm
Drop off 8.45am – 9.15am
Pick up 3.45pm – 4.15pm

Tuesday 3 August,
Wednesday 4 August
Thursday 5 August, Friday 6 August

Epping Upper Clapton RFC

Tuesday 10 August, Wednesday 11 August
Thursday 12 August, Friday 13 August
AND
Tuesday 17 August, Wednesday 18 August
Thursday 19 August, Friday 20 August

Loughton Cricket Club
The Uplands, Loughton IG10 1NQ

Book a single day…
all four days…
or every week
- you choose!
Throughout the holidays

Play in the Park

Play in the Park is all about playing games and having fun outdoors. No need to book, just drop in at any time. The Play in The Park team will bring a range of sports equipment and arts and crafts resources for children and young people to enjoy. The team help organise activities and games.

All totally free of charge.
Children must be accompanied by an adult.

**Monday 26 July**
1.30pm – 3.30pm
CHIGWELL
The Limes Green

**Tuesday 27 July**
10am – 12 noon
LOUGHTON
Roding Valley Recreation Ground
1.30pm – 3.30pm
THEYDON BOIS
The Green

**Wednesday 28 July**
10am – 12 noon
ABRIDGE
Village Hall
1.30pm – 3.30pm
BUCKHURST HILL
Roding Valley Recreation Ground

**Thursday 29 July**
10am – 12 noon
LOUGHTON
Jessel Green
1.30pm – 3.30pm
ONGAR
Shelley Park

**Friday 30 July**
10am – 12 noon
EPPING UPLAND
Doorstep Green
1.30pm – 3.30pm
NAZEING
Elizabeth Close

**Monday 2 August**
10am – 12 noon
WALTHAM ABBEY
Town Mead Leisure Park
1.30pm – 3.30pm
CHIGWELL
The Limes Green

**Tuesday 3 August**
10am – 12 noon
LOUGHTON
Roding Valley Recreation Ground
1.30pm – 3.30pm
EPPING
Stonards Hill Recreation Ground

**Wednesday 4 August**
10am – 12 noon
THORNWOOD
Parish Hall
1.30pm – 3.30pm
NORTH WEALD
Norway House

**Thursday 5 August**
10am – 12 noon
ROYDON
Roydon Playing Fields
1.30pm – 3.30pm
ONGAR
Jubilee Park

**Friday 6 August**
10am – 12 noon
CHIGWELL
Station Green
1.30pm – 3.30pm
LOUGHTON
Jessel Green

**Monday 9 August**
10am – 12 noon
WALTHAM ABBEY
Town Mead Leisure Park
1.30pm – 3.30pm
CHIGWELL
The Limes Green

**Tuesday 10 August**
10am – 12 noon
LOUGHTON
Roding Valley Recreation Ground
1.30pm – 3.30pm
NAZEING
Elizabeth Close
Throughout the holidays

### Play in the Park continued

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<td><strong>Wednesday</strong></td>
<td><strong>11 August</strong></td>
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<td>ABRIDGE Village Hall</td>
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<td>BUCKHURST HILL Hornbeam Road Recreation Ground</td>
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| **Friday**   | **20 August**   | 10am – 12 noon | CHIGWELL Station Green                        |
|             |                 | 1.30pm – 3.30pm | NAZEING Elizabeth Close                       |
| **Wednesday** | **25 August**   | 10am – 12 noon | ABRIDGE Village Hall                          |
|             |                 | 1.30pm – 3.30pm | BUCKHURST HILL Roding Valley Recreation Ground |
| **Thursday** | **26 August**   | 10am – 12 noon | ROYDON Playing Fields                          |
|             |                 | 1.30pm – 3.30pm | ONGAR Jubilee Park                            |
| **Friday**   | **27 August**   | 10am – 12 noon | CHIGWELL Station Green                        |

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**FREE OF CHARGE!**

### Play in the Park venues

- **ABRIDGE** Village Hall
  - Playing Fields, Ongar Road, Abridge RM4 1BS
- **BUCKHURST HILL** Roding Valley Recreation Ground
  - Rous Road, Buckhurst Hill IG9 6BJ
- **BUCKHURST HILL** Hornbeam Road Recreation Ground
  - (near Newton Court) Buckhurst Hill IG9 6JT
- **CHIGWELL**
  - The Limes Green (next to The Limes Centre), Limes Avenue, Chigwell IG7 5LP
  - Station Green (next to Chigwell Station) High Road, Chigwell IG7 6QZ
  - Recreation Ground
  - (near Tennis Courts) Roding Road, Loughton IG10 3BS
- **EPPING**
  - Stonards Hill Recreation Ground
  - Stonards Hill, Epping CM16 4QF
  - Roding Valley Recreation Ground
  - (near Tennis Courts) Roding Road, Loughton IG10 2EQ
- **EPPING UPLAND**
  - Epping Green Playing Fields
    - (Doorstep Green), Epping Road, Epping Green CM16 6QJ
  - Roding Valley Recreation Ground
  - (near Tennis Courts) Roding Road, Loughton IG10 3BS
- **NAZEING**
  - Elizabeth Close Play Area
  - Elizabeth Close, Nazeing EN9 2HX
  - Queens Hall Memorial Playing Field
  - School Green Lane, North Weald CM16 6EY
  - Norway House
  - Epping Road North Weald CM16 6BH
- **ONGAR**
  - Shelley Park
    - St. Peters Ave, Shelley, Ongar CM5 0BT
  - Jubilee Park
    - Love Lane, Ongar CM5 9BL
  - Roding Playing Fields
    - Occupation Lane, Roydon CM19 5HL
- **THEYDON BOIS**
  - The Green
    - Theydon Bois CM16 7LH
  - Parish Hall
    - Thorwood, Epping CM16 6NR
  - Town Mead Leisure Park
    - Brooker Road Waltham Abbey EN9 1JH
- **THORNWOOD** Parish Hall
  - Thorwood, Epping CM16 6NR
- **WALTHAM ABBEY** Town Mead
  - Leisure Park Brother Road Waltham Abbey EN9 1JH
The Epping Forest Inclusion Project, run by Epping Forest District Council, provides a variety of sports and leisure activities for children and young people with SEND. The activities are suitable for all ages (unless stated) and we cater for a wide range of needs. Siblings and parents are also welcome to join us on some activities, please read below for details. Families can self-refer on to the programme and do not need to have Short Break hours.

As well as a dedicated holiday programme for children and young people with SEND, the Epping Forest Inclusion Project runs an extensive clubs and activities programme during the school term. If you want to find out more about the Inclusion Project or be added to the mailing list, please contact Disability Inclusion Assistant, Will Fordham by email at wfordham@eppingforestdc.gov.uk

The Epping Forest Inclusion Project also holds regular Parent Forum meetings. They give families the unique opportunity to have a voice in the provision that is provided for their children.

To keep up-to-date with all our latest news, like our Facebook page Epping Forest Disability Forum

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Forest Fun Days

**Monday 26 July**
**Monday 9 August**
**Monday 23 August**

10am – 3pm

FSC Epping Forest
Paul’s Nursery Road
High Beach IG10 4AF

£16 for one child
£8 additional sibling

Come and join us for some Summer fun in the forest, bug hunts, trails, pond dipping, crafts and just some of the activities we will be doing on these days. Siblings and parents are more than welcome to join in the fun too!

Please dress appropriately for the weather and bring a packed lunch. Must book in advance.

Parent will need to stay for children under 5. Wear suitable clothing and footwear, be prepared for all weathers. Please bring a packed lunch and plenty to drink.

3 dates to enjoy all the fun!
**Athletics**

**£5**

Join us in Loughton (on the short track) where we’ll be playing lots of different Athletics based games practicing and improving our skills.

We’ll be working on balance, co-ordination and more skills all while having fun. Have a go at sports such as shotput, discus, long jump and more!

**Tuesday 27 July**
2pm – 3.30pm

Roding Valley Rec (Tennis Courts)
Roding Road, Loughton
IG10 3LQ

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**Bounce & Swim**

**£8**

Come and enjoy an hour of trampolining and an hour of swimming. Parents can swim too!

If your child is under 8 you need to be present for the swim session. Must book in advance.

This session is only for children or young people with disabilities/SEN and their siblings.

**Wednesday 28 July**
Friday 20 August
1pm – 3pm

Ongar Leisure Centre
The Gables,
Ongar CM5 OGA

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**Street Tennis**

**£5**

Get into Tennis with our fun and exciting Street Tennis session. This is perfect for all abilities; we cover all the fundamentals of tennis with fun and engaging games. A great session that will get your ready for any Grand Slam!

Siblings welcome too. Please feel free to bring your own racquet. Please note this session takes place outside, please dress for the weather.

This session is only for children or young people with disabilities/SEN and their siblings.

**Thursday 29 July**
11am – 12.30pm

Roding Valley Rec (Tennis Courts)
Roding Road, Loughton
IG10 3LQ
Disability Inclusion Project Activities

CanalAbility

Monday 2 August
10.45am – 3pm

Lock View
Burnt Mill Lane
Harlow
CM20 2QS

CanalAbility
Join us on the River Stort as we take the Stort Daybreak for a day trip.

Whether you want to steer, work the locks or just sit and watch the world go by from the water, this promises to be a great day out!

Please note due to extremely limited places we encourage children and young people to attend without an adult where possible. Bring a packed lunch. This session is only for children or young people with disabilities/SEN.

Own a Pony

TBC
TBC
TBC
TBC

Own a Pony
Come and experience all the fun that comes with owning a pony.

Learn how to groom, tack up and feed ‘your’ pony, and of course riding.

Must book in advance. This session is only for children or young people with disabilities/SEN. Please wear suitable clothing.

Soccerability

Thursday 5 August
1pm – 2.30pm

Epping Upper RFC
61 Upland Road,
Epping CM16 6NL

SoccerAbility
A fun football based session, suitable for all levels.

Plenty of individual games and skills, followed by lots of mini challenges and team games.

Siblings welcome.
This is only for children or young people with disabilities/SEN and their siblings.
Disability Inclusion Project Activities

Multi Sports

**Wednesday 11 August**
10am – 3pm
*Loughton Cricket Club*
The Uplands, Loughton
IG10 1NQ

**£16**  
Join our sports camp for a day of activities.
The coaches will be putting on a variety of fun sports sessions ranging from Short Tennis, Football, Tag Rugby, Athletics and Boccia to name just a few!
Your child will need a packed lunch, plenty to drink and please wear suitable clothing—some activities will take place outside. Plenty of fun and prizes to be won.
This is only for children or young people with disabilities/SEN and their siblings.

Pizza Making

**Monday 16 August**
11am – 1.30pm
*The Limes Centre*
Limes Avenue, Chigwell IG7 5LP

**£8**  
Calling all budding chefs! Join us for this Pizza making session.
You will learn how to make the dough from scratch, have a selection of toppings to get those taste buds going...and the best bit....we get to eat the goods at the end!
This is only for children or young people with disabilities/SEN and their siblings.

Trampolining

**Tuesday 17 August**
10am – 11am
11.30am – 12.30pm
*Debden Park High School*
Willingale Road, Loughton IG10 2BQ

**£4.50**  
Come and join us for an hour’s bounce session!
Work with our coaches on learning some new moves!
Please remember you must be wearing socks. Siblings welcome.
This is only for children or young people with disabilities/SEN and their siblings.
Seed Bomb Workshop

Tuesday 24 August
2pm – 4pm

Epping Bloom Community Garden
Market Terrace,
Epping
at the back entrance to Marks and Spencer

£8

Seed Bomb Workshop

Come along and make Seed Bombs in the beautiful Community Gardens in Epping, your creations will help plant an area in the Community Garden.

Seed Bombs make great gifts, so we’ll make sure you make enough, so you can take some home with you.

All materials provided, the whole family welcome.

This session is only for children or young people with disabilities/SEN.

Camping at Lambourne End

Wednesday 25 August
Drop off 10am
(1 night) Pick up 2pm
Thursday 26 August
(2 nights) Pick up 2pm
Friday 27 August

Lambourne End Centre
Manor Road
Lambourne End
RM4 1NB

£90
2 nights

£55
1 night

Camping at Lambourne End

This two-night camping adventure will be a perfect way to end the summer!

Your child will need a sleeping bag, swimming costume, towel and warm clothes for the evening. Various activities throughout the days and evenings will include Pizza making, Fencing, team games, BBQ and much, much more.

This is only for children or young people with disabilities/SEN and their siblings.
Family Fun with Clay

**£2.30**

**Family Fun with Clay**

*Join us for a fun, simple craft activity inspired by our special exhibition for you to make together and take home.*

No need to book, just drop in and allow approximately 20 minutes for the activity. Children must be accompanied by a responsible adult.

We regret we cannot accommodate large groups or holiday clubs at these sessions.

**Tuesday 27 July**

10.30am – 3.30pm

**Epping Forest District Museum**

39-41 Sun Street

Waltham Abbey

EN9 1EL

5-11 years

Athletics Fun and Games

**£8.80**

**Athletics Fun and Games**

*Come and join our coaches for 2 hours of guaranteed fun and games with an Athletics focus.*

We will be playing lots of fun games all while working on your Athletics skills. We’ll be running, jumping, throwing, racing and so much more! Show off your Athletics skills in our Loughton Mini Olympics competition!

Please bring a refillable water bottle.

**Tuesday 27 July**

11.30am – 1.30pm

**Roding Valley Recreation Ground (Short Track)**

Roding Road,

Loughton IG10 3BS

4-12 years

Paradise Garden Workshop

**£10.80**

**Paradise Garden Workshop**

*Create your very own paradise garden to take home.*

This fun workshop will give you the growing confidence to produce an amazing take home tray landscape design.

All materials will be provided.

**Wednesday 28 July**

10am – 12 noon

**Epping Forest District Museum**

39-41 Sun Street

Waltham Abbey

EN9 1EL

5-14 years
Pizza Making Workshop

Wednesday 28 July
2pm – 4pm
The Limes Community Centre
Limes Avenue, Chigwell IG7 5LP

£10.80 Pizza Making Workshop

Come along and learn how to make magnificent pizzas.

Start from scratch making the dough base and then get crazy adding your toppings. You can make funny faces or even your favourite characters. Best of all you will get to eat some of your amazing creations!

All materials and ingredients will be provided.

Tennis Masterclass

Thursday 29 July
2pm – 4pm
Roding Valley Recreation Ground (Short Track)
Roding Road, Loughton IG10 3BS

£8.80 Tennis Masterclass

Join us for this 2 hour tennis session where we will be working on improving all of our tennis skills including our forehand, backhand, hand to eye co-ordination and speed.

Play lots of fun games with our coaches and improve your tennis ability!

Please bring a refillable water bottle.
Musical in 2 Days – Lion King

Monday 2 August & Tuesday 3 August
10am – 3.30pm

North Weald Village Hall
High Road, North Weald
CM16 6BU

£43

Musical in 2 Days – Lion King

Be a fabulous performer, show off your singing, dancing and acting skills in a mini version of Disney’s The Lion King.

Working with our choreographer, you’ll recreate scenes and musical numbers such as ‘Circle of Life’ and ‘I Just Can’t Wait to be King’; then show them to your family and friends in a performance at the end of day two.

Please wear comfortable clothes, suitable footwear for movement and bring a packed lunch and a bottle of water. Please arrive promptly, registration taken at 10am each day.

Two days of fun and excitement for budding actors and actresses!

Family Fun – Make a Star of David

Tuesday 3 August
10.30am – 3.30pm

Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£2.30

Family Fun – Make a Star of David

Join us for a fun, simple craft activity inspired by our special exhibition for you to make together and take home.

No need to book, just drop in and allow approximately 20 minutes for the activity.

Children must be accompanied by a responsible adult.

We regret we cannot accommodate large groups or holiday clubs at these sessions.
Craft Camp

Tuesday 3 August
10am – 3pm
Jack Silley Pavilion
Stonards Hill Recreation Ground,
Epping CM16 6SP

£21.50
Craft Camp
Come along and enjoy a fun packed day of crafty summer activities!
We will be making lots of exciting crafts for you to take home.
All materials will be provided. Please bring a packed lunch and wear appropriate clothing for indoor and outdoor activity.

Patchwork Quilt Workshop

Wednesday 4 August
10am – 12 noon
Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£10.80
Patchwork Quilt Workshop
Why not be part of history by helping make a community patchwork quilt.
You will be designing your own squares out of fabric, creating one to be part of the community quilt and one to take home to show your friends and family.
All materials will be provided.

Felted Pebble Making Workshop

Wednesday 4 August
2pm – 4pm
Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£10.80
Felted Pebble Making Workshop
Join this fun workshop and make a felted pebble.
You will learn the process of making unique felted pebbles and make a pebble to join the community display at the museum as well as have one to take home to show your friends and family.
Create a Roman Catapult

Thursday 5 August
2pm – 4pm
Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£10.80

Create a Roman Catapult

Calling all budding engineers! Come and make your own working Roman catapult and hone your design skills to see whose can fire the furthest.

Please wear old clothes.
All materials will be provided.

Mythical Creatures Animation

Thursday 5 August
10am – 12 noon
Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£10.80

Mythical Creatures Animation

Let loose your creativity and learn how to produce a short animated film.

You will make your own mythical creature, and find out how to bring it to life with some simple animation techniques.

Please wear old clothes. All materials will be provided.

Butterfly and Bee Craft Workshop

Thursday 5 August
10am – 12 noon
Cripsy Brook Meadow
Moreton Road
Ongar CM5 0AP

£10.80

Butterfly & Bee Craft Workshop

Learn how to create works of art to take home by using materials that we often throw away.

Turn junk into beautiful butterflies and bees to take home and show your friends and family.

All materials will be provided.
Week 3  Saturday 7 – Saturday 14 August

Arts Award – Bronze

Saturday 7 August
Monday 9 August
Wednesday 11 August
Friday 13 August
Saturday 14 August
10.30am – 3.30pm

Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£107.50

Arts Award – Bronze

Spend 5 days with our in-house artist and gain a nationally recognised qualification in the arts.

Do you want to...
• participate in arts activities
• experience arts events
• get inspired by artists
• take on challenges in art form
• share your arts skills with others?

If so, then Arts Award Bronze is for you!

You will create a portfolio to keep a record of your creative work and progress along the way, so come ready to focus as well as have lots of fun!

The Arts Award program aims to support and encourage learners of all levels and abilities and from all backgrounds and cultures to engage and participate in the arts.

All materials will be supplied, but please bring a packed lunch and drink, and wear old clothing that you don’t mind getting messy!

*Please note that participants must be 11 years or over to attend.

Family Fun – Printmaking

Tuesday 10 August
10.30am – 3.30pm

Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£2.30

Printmaking

Join us for a fun, simple craft activity inspired by our special exhibition for you to make together and take home.

No need to book, just drop in and allow approximately 20 minutes for the activity.

Children must be accompanied by a responsible adult. All ages welcome (most suitable for 5 – 11 year olds). We regret we cannot accommodate large groups or holiday clubs at these sessions.
Craft Camp

Tuesday 10 August
10am – 3pm
Jack Silley Pavilion
Stonards Hill Recreation
Ground,
Epping CM16 6SP

£21.50 Craft Camp
Come along and enjoy a fun packed day of crafty summer activities!
We will be making lots of exciting crafts for you to take home.
All materials will be provided.
Please bring a packed lunch and wear appropriate clothing for indoor and outdoor activity.

Fruit Art Workshop

Thursday 12 August
2pm – 4pm
Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£10.80 Fruit Art Workshop
Come and join us for this fruity fun workshop.
Learn how to make wonderful works of art out of fresh fruit and take your edible creations home to share with friends and family.
All materials will be provided.
Craft Camp

Tuesday 17 August
10am – 3pm
Jack Silley Pavilion
Stonards Hill Recreation Ground,
Epping CM16 6SP

£21.50
Craft Camp
Come along and enjoy a fun packed day of crafty summer activities!
We will be making lots of exciting crafts for you to take home.
All materials will be provided. Please bring a packed lunch and wear appropriate clothing for indoor and outdoor activity.

Family Fun – Acts of Kindness Paper Quilt

£2.30
Family Fun – Acts of Kindness Paper Quilt
Join us for a fun, simple craft activity inspired by our special exhibition for you to make together and take home.
No need to book, just drop in and allow approximately 20 minutes for the activity. Children must be accompanied by a responsible adult.
We regret we cannot accommodate large groups or holiday clubs at these sessions.

Slime

Wednesday 18 August
2pm – 4pm
Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£10.80
Slime
Come and join us for this super fun and slippery slime workshop!
Learn how to make different kinds of slime and even have a go at making and eating edible slime!
All materials will be provided.
Family Fun Day

Saturday 21 August
10.30am – 4.30pm

Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£10.80

Flower Making Workshop

Thurs 19 August
10am – 12 noon

Crispy Brook Meadow
Moreton Road
Ongar CM5 0AP

£2.30

Family Fun – Fun with Clay

Tuesday
24 August
10.30am – 3.30pm

Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£2.30

Family Fun – Fun with Clay

Join us for a fun, simple craft activity inspired by our special exhibition for you to make together and take home.

No need to book, just drop in and allow approximately 20 minutes for the activity. Children must be accompanied by a responsible adult.

We regret we cannot accommodate large groups or holiday clubs at these sessions.

Get creative with your designs so you can also take a flower home to display in your garden or on your windowsill.

Please bring along rinsed out plastic bottles or milk cartons. All other materials will be provided.

Join us for simple fun activities all the family can enjoy to find out more about the story of the boys who feature in our special exhibition.
Seed Bomb Workshop

Wednesday 25 August
10am – 12 noon
Epping Bloom Community Garden
Market Terrace, Epping
at the back entrance to Marks and Spencer

£10.80

Come along and make seed bombs to help plant the community garden as well as making your own seed bomb gifts to take home as well.
All materials will be provided.

Become a Floral Artist

Wednesday 25 August
10am – 12 noon
Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£10.80

Become a floral artist and learn to create beautiful corsages, flower arrangements and head dresses to take home using a selection of freshly cut flowers and herbs picked from the museum garden.
All materials will be provided.

Wind Chime Workshop

Thursday 26 August
2pm – 4pm
Epping Forest District Museum
39-41 Sun Street
Waltham Abbey
EN9 1EL

£10.80

Learn how to make a selection of windchimes that can be displayed in your windows or gardens.
All materials will be provided.
Whether it is for wedding receptions or children’s parties, fitness classes or meetings, or another event you have in mind take a look at the facilities we have to offer.

A fully accessible venue, the Limes Centre has 3 distinct areas:

1. The Limes Hall which comes with a fully fitted kitchen and can accommodate up to 150 people (120 seated, 30 standing).
2. Limes Activity Hall is a space for up to 50 people and has a small kitchen area.
3. Limes Meeting Room is a meeting area for up to 12 people.

For further information on hiring the three rooms including capacity, hire charges and booking details please call 01992 564561.

The Limes Centre is a facility for the whole community.

Epping Forest District Museum
39 - 41 Sun Street, Waltham Abbey, Essex, EN9 1EL
Please check the website for full details of the museum opening hours.

museum@eppingforestdc.gov.uk
01992 716882
www.eppingforestdc.gov.uk/museum
facebook.com/EFDMuseum
@EFDMuseum @EFDMuseum
## WEEK ONE: Monday 26 - Saturday 31 July

| Mon 26 July | Forest Fun Day (SEND) | FSC Epping Forest, Paul’s Nursery Road, High Beach | 10am – 3pm | All ages | 6 |
| Mon 26 July | Play in the Park | The Limes Green, Chigwell | 1.30pm – 3.30pm | All ages | 4 |
| Tues 27 July | Play in the Park | Roding Valley Recreation Ground, Loughton | 10am – 12 noon | All ages | 4 |
| Tues 27 July | Family Fun with Clay | Epping Forest District Museum, Waltham Abbey | 10.30am – 3.30pm | 5 – 11 years | 11 |
| Tues 27 July | Athletics Fun and Games | Roding Valley Recreation Ground, Loughton | 11.30am – 1.30pm | 4-12 years | 11 |
| Tues 27 July | Play in the Park | The Green, Theydon Bois | 1.30pm – 3.30pm | All ages | 4 |
| Wed 28 July | Athletics (SEND) | Roding Valley Recreation Ground, Loughton | 2pm – 3.30pm | 5+ years | 7 |
| Wed 28 July | Play in the Park | Village Hall, Abridge | 10am – 12 noon | All ages | 4 |
| Wed 28 July | Paradise Garden Workshop | Epping Forest District Museum, Waltham Abbey | 10am – 12 noon | 5 – 14 years | 11 |
| Wed 28 July | Bounce & Swim (SEND) | Ongar Leisure Centre, Ongar | 1pm – 3pm | All ages | 7 |
| Wed 28 July | Play in the Park | Roding Valley Recreation Ground, Buckhurst Hill | 1.30pm – 3.30pm | All ages | 4 |
| Wed 28 July | Pizza Making Workshop | The Limes Centre, Chigwell | 2pm – 4pm | 5 – 14 years | 12 |
| Thur 29 July | Play in the Park | Jessel Green, Loughton | 10am – 12 noon | All ages | 4 |
| Thur 29 July | Street Tennis (SEND) | Roding Valley Recreation Ground, Loughton | 11am – 12.30pm | All ages | 7 |
| Thur 29 July | Play in the Park | Shelley Park, Ongar | 1.30pm – 3.30pm | All ages | 4 |
| Thur 29 July | Tennis Masterclass | Roding Valley Recreation Ground, Loughton | 2pm – 4pm | 4 – 12 years | 12 |
| Fri 30 July | Play in the Park | Doorstep Green, Epping Upland | 10am – 12 noon | All ages | 4 |
| Fri 30 July | Play in the Park | Elizabeth Close, Nazeing | 1.30pm – 3.30pm | All ages | 4 |

## WEEK TWO: Monday 2 August – Friday 6 August

| Mon 2 August | Play in the Park | Town Mead Leisure Park, Waltham Abbey | 10am – 12 noon | All ages | 4 |
| Mon 2 August & Tues 3 Aug | Musical in 2 Days: Lion King | North Weald Village Hall, North Weald | 10am – 3.30pm | 5 years + | 13 |
| Mon 2 August | Canavalibity (SEND) | Lock View, Burnt Mill Lane, Harlow | 10.45am – 3pm | All ages | 8 |
| Tues 3 August | Play in the Park | The Limes Green, Chigwell | 1.30pm – 3.30pm | All ages | 4 |
| Tues 3 August | Multi-Sports Camp | Epping Upper Clapton RFC, Upland Road, Thornwood | 9.15am – 3.30pm | 5 – 12 years | 3 |
| Tues 3 August | Play in the Park | Roding Valley Recreation Ground, Loughton | 10am – 12 noon | All ages | 4 |
| Tues 3 August | Craft Camp | Jack Silley Pavilion, Stanards Hill Recreation Ground, Epping | 10am – 3pm | 5 – 14 years | 14 |
| Tues 3 August | Family Fun – Make a Star of David | Epping Forest District Museum, Waltham Abbey | 10.30am – 3.30pm | 5 – 11 years | 13 |
| Tues 3 August | Play in the Park | Stanards Hill Recreation Ground, Epping | 1.30pm – 3.30pm | All ages | 4 |
| Wed 4 August | Multi-Sports Camp | Epping Upper Clapton RFC, Upland Road, Thornwood | 9.15am – 3.30pm | 5 – 12 years | 3 |
| Wed 4 August | Patchwork Quilt Workshop | Epping Forest District Museum, Waltham Abbey | 10am – 12 noon | 5 – 14 years | 14 |
| Wed 4 August | Play in the Park | Parish Hall, Thornwood | 10am – 12 noon | All ages | 4 |
| Wed 4 August | Play in the Park | Norway House, North Weald | 1.30pm – 3.30pm | All ages | 4 |
| Wed 4 August | Felting Pebble Making Workshop | Epping Forest District Museum, Waltham Abbey | 2pm – 4pm | 5 – 14 years | 14 |
| Thur 5 August | Multi-Sports Camp | Epping Upper Clapton RFC, Upland Road, Thornwood | 9.15am – 3.30pm | 5 – 12 years | 3 |
| Thur 5 August | Play in the Park | Roydon Playing Fields, Roydon | 10am – 12 noon | All ages | 4 |
| Thur 5 August | Butterfly and Bee Craft Workshop | Cripsey Brook Meadow, Ongar | 10am – 12 noon | 4 – 14 years | 15 |
| Thur 5 August | Mythical Creatures Animation | Epping Forest District Museum, Waltham Abbey | 10am – 12 noon | 8 – 14 years | 15 |
| Thur 5 August | Soccerability (SEND) | Epping Upper Clapton RFC, Upland Road, Thornwood | 1pm – 2.30pm | 4+ years | 8 |
| Thur 5 August | Play in the Park | Jubilee Park, Ongar | 1.30pm – 3.30pm | All ages | 4 |
| Thur 5 August | Create a Roman Catapult | Epping Forest District Museum, Waltham Abbey | 2pm – 4pm | 8 – 14 years | 15 |
| Fri 6 August | Multi-Sports Camp | Epping Upper Clapton RFC, Upland Road, Thornwood | 9.15am – 3.30pm | 5 – 12 years | 3 |
| Fri 6 August | Play in the Park | Station Green, Chigwell | 10am – 12 noon | All ages | 4 |
| Fri 6 August | Play in the Park | Jessel Green, Loughton | 1.30pm – 3.30pm | All ages | 4 |
| TBC | Own A Pony (SEND) | TBC | TBC | 5 years + | 8 |

## WEEK THREE: Saturday 7 August – Saturday 14 August

<p>| Sat 7 August – Sat 14 August | Arts Award – Bronze (5 days) | Epping Forest District Museum, Waltham Abbey | 10.30am – 3.30pm | 11 – 16 years | 16 |
| Mon 9 August | Forest Fun Day (SEND) | FSC Epping Forest, Paul’s Nursery Road, High Beach | 10am – 3pm | All ages | 6 |
| Mon 9 August | Play in the Park | Town Mead Leisure Park, Waltham Abbey | 10am – 12 noon | All ages | 4 |
| Mon 9 August | Play in the Park | The Limes Green, Chigwell | 1.30pm – 3.30pm | All ages | 4 |
| Tues 10 August | Multi-Sports Camp | Loughton Cricket Club, The Uplands, Loughton | 9.15am – 3.30pm | 5 – 12 years | 3 |
| Tues 10 August | Play in the Park | Roding Valley Recreation Ground, Loughton | 10am – 12 noon | All ages | 4 |
| Tues 10 August | Craft Camp | Jack Silley Pavilion, Stanards Hill Recreation Ground, Epping | 10am – 3pm | 5 – 14 years | 14 |
| Tues 10 August | Family Fun – Printmaking | Epping Forest District Museum, Waltham Abbey | 10.30am – 3.30pm | 5 – 11 years | 16 |
| Tues 10 August | Play in the Park | Elizabeth Close Play Area, Nazeing | 1.30pm – 3.30pm | All ages | 4 |
| Wed 11 August | Multi-Sports Camp (SEND) | Loughton Cricket Club, The Uplands, Loughton | 10am – 3pm | All ages | 9 |
| Wed 11 August | Multi-Sports Camp | Loughton Cricket Club, The Uplands, Loughton | 9.15am – 3.30pm | 5 – 12 years | 3 |
| Wed 11 August | Play in the Park | Village Hall, Abridge | 10am – 12 noon | All ages | 5 |
| Wed 11 August | Play in the Park | Hornbeam Road Recreation Ground, Buckhurst Hill | 1.30pm – 3.30pm | All ages | 5 |
| Thur 12 August | Multi-Sports Camp | Loughton Cricket Club, The Uplands, Loughton | 9.15am – 3.30pm | 5 – 12 years | 3 |
| Thur 12 August | Play in the Park | Jessel Green, Loughton | 10am – 12 noon | All ages | 5 |</p>
<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
<th>Venue</th>
<th>Time</th>
<th>Age Range</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>16 August</td>
<td>Play in the Park</td>
<td>Town Mead Leisure Park, Waltham Abbey</td>
<td>10am – 12 noon</td>
<td>All ages</td>
<td>5</td>
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<tr>
<td>Mon</td>
<td>16 August</td>
<td>Pizza Making (SEND)</td>
<td>The Limes Centre, Chigwell</td>
<td>11am – 1.30pm</td>
<td>7+ years</td>
<td>9</td>
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<tr>
<td>Mon</td>
<td>16 August</td>
<td>Play in the Park</td>
<td>The Limes Green, Chigwell</td>
<td>1.30pm – 3.30pm</td>
<td>All ages</td>
<td>5</td>
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<tr>
<td>Tues</td>
<td>17 August</td>
<td>Trampolining (SEND)</td>
<td>Debden Park High School, Loughton</td>
<td>10am – 11am</td>
<td>All ages</td>
<td>9</td>
</tr>
<tr>
<td>Tues</td>
<td>17 August</td>
<td>Play in the Park</td>
<td>Roding Valley Recreation Ground, Loughton</td>
<td>10am – 12 noon</td>
<td>All ages</td>
<td>5</td>
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<tr>
<td>Tues</td>
<td>17 August</td>
<td>Craft Camp</td>
<td>Jack Siley Pavilion, Stonards Hill Recreation Ground, Epping</td>
<td>10am – 3pm</td>
<td>5 – 14 years</td>
<td>18</td>
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<tr>
<td>Tues</td>
<td>17 August</td>
<td>Family Fun – Acts of Kindness Quilt</td>
<td>Epping Forest District Museum, Waltham Abbey</td>
<td>10.30am – 3.30pm</td>
<td>5 – 11 years</td>
<td>18</td>
</tr>
<tr>
<td>Tues</td>
<td>17 August</td>
<td>Trampolining (SEND)</td>
<td>Debden Park High School, Loughton</td>
<td>11am – 12.30pm</td>
<td>All ages</td>
<td>9</td>
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<tr>
<td>Tues</td>
<td>17 August</td>
<td>Play in the Park</td>
<td>Stonards Hill Recreation Ground, Epping</td>
<td>1.30pm – 3.30pm</td>
<td>All ages</td>
<td>5</td>
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<tr>
<td>Wed</td>
<td>18 August</td>
<td>Play in the Park</td>
<td>Village Hall, Abridge</td>
<td>10am – 12 noon</td>
<td>All ages</td>
<td>5</td>
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<tr>
<td>Wed</td>
<td>18 August</td>
<td>Play in the Park</td>
<td>Roding Valley Recreation Ground, Buckhurst Hill</td>
<td>1.30pm – 3.30pm</td>
<td>All ages</td>
<td>5</td>
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<tr>
<td>Wed</td>
<td>18 August</td>
<td>Slime</td>
<td>Epping Forest District Museum, Waltham Abbey</td>
<td>2pm – 4pm</td>
<td>8 – 14 years</td>
<td>18</td>
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<tr>
<td>Thur</td>
<td>19 August</td>
<td>Play in the Park</td>
<td>Roydon Playing Fields, Roydon</td>
<td>10am – 12 noon</td>
<td>All ages</td>
<td>5</td>
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<tr>
<td>Thur</td>
<td>19 August</td>
<td>Flower Making Workshop</td>
<td>Crispy Brook Meadow, Ongar</td>
<td>10am – 12 noon</td>
<td>8 – 14 years</td>
<td>19</td>
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<tr>
<td>Thur</td>
<td>19 August</td>
<td>Play in the Park</td>
<td>Jubilee Park, Ongar</td>
<td>1.30pm – 3.30pm</td>
<td>All ages</td>
<td>5</td>
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<tr>
<td>Fri</td>
<td>20 August</td>
<td>Play in the Park</td>
<td>Station Green, Chigwell</td>
<td>10am – 12 noon</td>
<td>All ages</td>
<td>5</td>
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<tr>
<td>Fri</td>
<td>20 August</td>
<td>Bounce &amp; Swim (SEND)</td>
<td>Ongar Leisure Centre, Ongar</td>
<td>1pm – 3pm</td>
<td>All ages</td>
<td>7</td>
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<tr>
<td>Fri</td>
<td>20 August</td>
<td>Play in the Park</td>
<td>Norway House, North Weald</td>
<td>1.30pm – 3.30pm</td>
<td>All ages</td>
<td>5</td>
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<tr>
<td>Sat</td>
<td>21 August</td>
<td>Family Fun Day</td>
<td>Epping Forest District Museum, Waltham Abbey</td>
<td>10.30am – 4.30pm</td>
<td>5 – 11 years</td>
<td>19</td>
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</tbody>
</table>

**WEEK FIVE: Monday 23 – Friday 27 August**

| Mon       | 23 August  | Forest Fun Day (SEND)  | FSC Epping Forest, Paul's Nursery Road, High Beach                  | 10am – 3pm         | All ages  | 6    |
| Mon       | 23 August  | Play in the Park       | Town Mead Leisure Park, Waltham Abbey                               | 10am – 12 noon     | All ages  | 5    |
| Mon       | 23 August  | Play in the Park       | Elizabeth Close, Nazeing                                            | 1.30pm – 3.30pm    | All ages  | 5    |
| Tues      | 24 August  | Play in the Park       | Memorial Playing Fields, North Weald                               | 10am – 12 noon     | All ages  | 5    |
| Tues      | 24 August  | Family Fun – Fun with Clay | Epping Forest District Museum, Waltham Abbey | 10.30am – 3.30am | 5 – 11 years | 19  |
| Tues      | 24 August  | Play in the Park       | Doorstep Green, Epping Upland                                      | 1.30pm – 3.30pm    | All ages  | 5    |
| Tues      | 24 August  | Seed Bomb Workshop (SEND) | Epping Bloom Community Garden, Epping                             | 2pm – 4pm          | All ages  | 10   |
| Tues      | 25 August  | Camping (SEND)         | Lambourne End Centre, Lambourne End                                 | 10am on 25 Aug – 2pm on 26 Aug | 8+ years | 10   |
| Wed       | 26 August  | Play in the Park       | Village Hall, Abridge                                              | 10am – 12 noon     | All ages  | 5    |
| Wed       | 26 August  | Seed Bomb Workshop     | Epping Bloom Community Garden, Epping                              | 10am – 12 noon     | 8 – 14 years | 20  |
| Wed       | 25 August  | Become a Floral Artist | Epping Forest District Museum, Waltham Abbey                        | 10am – 12 noon     | 8 – 14 years | 20  |
| Wed       | 25 August  | Play in the Park       | Roding Valley Recreation Ground, Buckhurst Hill                     | 1.30pm – 3.30pm    | All ages  | 5    |
| Thur      | 26 August  | Play in the Park       | Jessel Green, Loughton                                             | 10am – 12 noon     | All ages  | 5    |
| Thur      | 26 August  | Play in the Park       | Shelley Park, Ongar                                                | 1.30pm – 3.30pm    | All ages  | 5    |
| Thur      | 26 August  | Wind Chime Workshop    | Epping Forest District Museum, Waltham Abbey                        | 2pm – 4pm          | 8 – 14 years | 20  |
| Fri       | 27 August  | Play in the Park       | Station Green, Chigwell                                            | 10am – 12 noon     | All ages  | 5    |

**Terms & Conditions**

By giving your child permission to take part in these activities, you accept that Epping Forest District Council (EFDC) cannot be held responsible for any changes in the programme that become necessary, and fully accept the organisation and decisions of those responsible for the activity. You understand that your child will be under the control of the activity leader and/or other adults approved by EFDC and that, whilst staff in charge of the party will take all responsible care of participants, they cannot necessarily be held responsible for any loss, damage or injury suffered by any participant arising during or from the activity. You agree to your child taking part in any/all of the activities and authorise the activity coordinator to sign any written form of consent required by the hospital authorities, if the delay in getting your signature is considered, by the doctor, to endanger your child's health and safety.
Active Living is a free lifestyle change programme from Epping Forest District Council, offering FREE activities and one to one support.

For more information
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email contactus@eppingforestdc.gov.uk