

**Important information
for east London**

Sunday 29 May 2022



**Plan ahead
and check your
travel options**

**Some roads, bridges and bus routes across
London and Essex will be affected by RideLondon,
the world's greatest festival of cycling**

Come and support the event

ridelondon.co.uk

Event information for east London



RideLondon, the world's greatest festival of cycling, returns for its eighth edition on Sunday 29 May 2022 with new routes in London and Essex. Extensive road closures will be required in some areas on this date.

This leaflet will help you plan your travel around east London ahead of Ride Day. Further information about RideLondon, including the road closures in central London and Essex, is available online at ridelondon.co.uk/road-closures

About RideLondon

Following a two-year absence due to the pandemic, RideLondon 2022 will feature more than 75,000 cyclists, five different events and new routes through London and Essex.

The festival of cycling is a London 2012 Olympic Games legacy event and was developed by the Mayor of London to inspire people of all ages, abilities and backgrounds to cycle.

It's Europe's most successful fundraising cycling event, with riders raising almost £80 million for charity since the first RideLondon in 2013.

Keep up to date

If you'd like us to email you RideLondon road closure updates, please register at ridelondon.co.uk/road-closures-updates

Thank you in advance for your cooperation and understanding in the run-up to RideLondon. If you have any queries or need assistance, please visit ridelondon.co.uk/help/contact-us

Events on Sunday 29 May

• RideLondon Classique

See the world's best female professional cyclists compete in the third and final stage of this Union Cycliste Internationale (UCI) Women's WorldTour race on a spectacular six-mile circuit in central London.

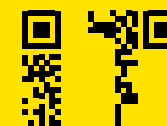
• RideLondon FreeCycle

A family-friendly ride where cyclists of all ages and abilities can explore an eight-mile, traffic-free loop in central London. Everyone's welcome to join in the fun!

• RideLondon-Essex 100

Around 25,000 amateur cyclists will take on the 100-mile challenge on closed roads in London and Essex, starting on Victoria Embankment and finishing at Tower Bridge.

For the latest RideLondon road closure information, please scan the QR code below



• RideLondon-Essex 60

A 60-mile ride for amateur cyclists within the existing 100-mile route created especially for newer riders.

• RideLondon-Essex 30

A 30-mile ride that young people aged 16 and 17 can take part in if they're accompanied by an adult.

Road closures on Sunday 29 May

More than 100 miles of road closures will be in place throughout Sunday 29 May, significantly impacting central and east London and some areas of Essex.

Plan your journeys

You will need to plan your travel in advance, so please read the timetable below for further details.

There will be significant delays to road journeys. To get around more quickly, please use Tube and rail services, or consider walking or cycling for shorter journeys.

Maps displaying the road closures are also available on page 8-19. Please also use tfl.gov.uk/plan-a-journey

Road	Closure time on Sunday 29 May	Reopening time on Sunday 29 May
Newham		
Lower Lea Crossing, A1020	04:00	19:30
Western Gateway	04:00	19:30
Tidal Basin Road	04:00	19:30
Silvertown Way, A1011	04:00	19:30
Barking Road, A124	04:00	11:30
Hermit Road	04:00	11:30
Grange Road	04:00	11:30
Upper Road	04:00	11:30
Plaistow Road, A112	04:00	11:30
New Plaistow Road, A112	04:00	11:30
West Ham Lane, A112	04:00	11:30
Broadway, A118	04:00	11:30
High Street, A118 – Westbound	04:00	18:30
High Street, A118 – Eastbound	04:00	12:00
Rick Roberts Way	08:00	19:00
Abbey Lane	08:00	19:00
Abbey Road	08:00	19:00
Manor Road, A1011	08:00	19:00

Road	Closure time on Sunday 29 May	Reopening time on Sunday 29 May
Redbridge		
Hollybush Hill, A1199	05:00	18:30
Woodford Road, A1199	05:00	18:30
High Road, A1199	05:00	18:30
Woodford Green, A1199	05:00	18:30
Woodford New Road, A104	05:00	18:30
Woodford Green, A104	05:00	18:30
Manor Road, B173	05:00	18:30
Chigwell Road, A113	07:30	18:00
Broadmead Road, A1009	07:30	18:00
Tower Hamlets		
The Highway, A1203	04:00	19:30
Limehouse Link Tunnel, A1203	04:00	19:30
Aspen Way, A1261	04:00	19:30
East India Dock Tunnel, A1261	04:00	19:30
Leamouth Road, A1020	04:00	19:30
Bow Road, A11 – Westbound	04:00	18:30
Bow Road, A11 – Eastbound	04:00	12:00
Blackwall Tunnel Northern Approach, A12 – Northbound	04:00	12:00
Blackwall Tunnel Northern Approach, A12 – Southbound	04:00	18:30
East Smithfield, A1203	04:00	19:30
Waltham Forest		
Green Man Interchange A12, A106, A114, and A1199	05:00	18:30
Woodford New Road, A104	05:00	18:30
Woodford Green, A104	05:00	18:30
All four boroughs listed and Hackney		
A12 – Northbound	04:00	12:00
A12 – Southbound	04:00	18:30

Local information

Access for residents and businesses

Roads adjoining the event routes will have local access only for residents and businesses, with usual Sunday parking restrictions in place unless otherwise stated. Some adjoining roads will have no vehicle access during the road closure period.

River crossings

Several bridges in central London will be closed to traffic from 04:00 to 19:30 on Sunday 29 May. To cross the River Thames during this time, please use alternative crossing points such as Blackfriars Bridge, London Bridge or the Rotherhithe Tunnel or use Tube or rail services. For more information about river crossings during the event weekend, visit

ridelondon.co.uk/road-closures

Bridge	Closure time on Sunday 29 May	Reopening time on Sunday 29 May
Southwark Bridge	04:00	12:00
Tower Bridge	04:00	19:30
Westminster Bridge	04:00	19:30
Waterloo Bridge	08:00	19:30

Parking restrictions

If you usually park on a road that

will be closed for the event, please move your vehicle the night before. Vehicles cannot be parked on the event route from 00:01 on Sunday 29 May until the road reopens. Any vehicle left on the route or parked in a suspended parking bay will be relocated and can be found by visiting <https://trace.london>.

Public transport

There will be some planned engineering works taking place on the Transport for London network on the event weekend. For more details, please visit tfl.gov.uk/status-updates/planned-works-calendar

Due to event road closures, many buses will be diverted or stop short of their normal destination. Some stops may also be temporarily relocated on Sunday 29 May.

Community access plans

Community access plans for residents and businesses are available online at ridelondon.co.uk/road-closures

There will be significant delays to road journeys, and many buses will be diverted or stop short of their normal destination. To get around more easily use Tube and rail services or consider walking or cycling for shorter journeys.

Emergency services

Emergencies will be treated as a priority in the usual way. If you require the emergency services, call 999. Emergency vehicle access will be maintained and prioritised throughout all RideLondon events.

Cycleways

You may like to consider using London's network of cycleways. To find out more about the network, as well as real-time travel information and the Transport for London journey planner, please check tfl.gov.uk

During the event

There will be stewards and volunteers to help you along the route. If you require assistance that is not a 999 emergency during the event, please ask these event staff.

Pavements

Pavements along the route are accessible to members of the public throughout the event.

Pedestrian crossing points

Pedestrian crossing points are located along the event route. These will be supervised to help pedestrians cross the road. Usual crossings may be suspended, but an alternative will be signposted where it will be easier to cross. Please be patient during the event and listen to stewards' instructions.

Online information

To help plan, you can view road

closure information for Sunday 29 May prior to the event and live on the day at ridelondon.co.uk/road-closures

We share all RideLondon road closure information with travel information services, online mapping providers and satellite navigation companies. For more travel information about the whole weekend, please visit tfl.gov.uk/ridelondon

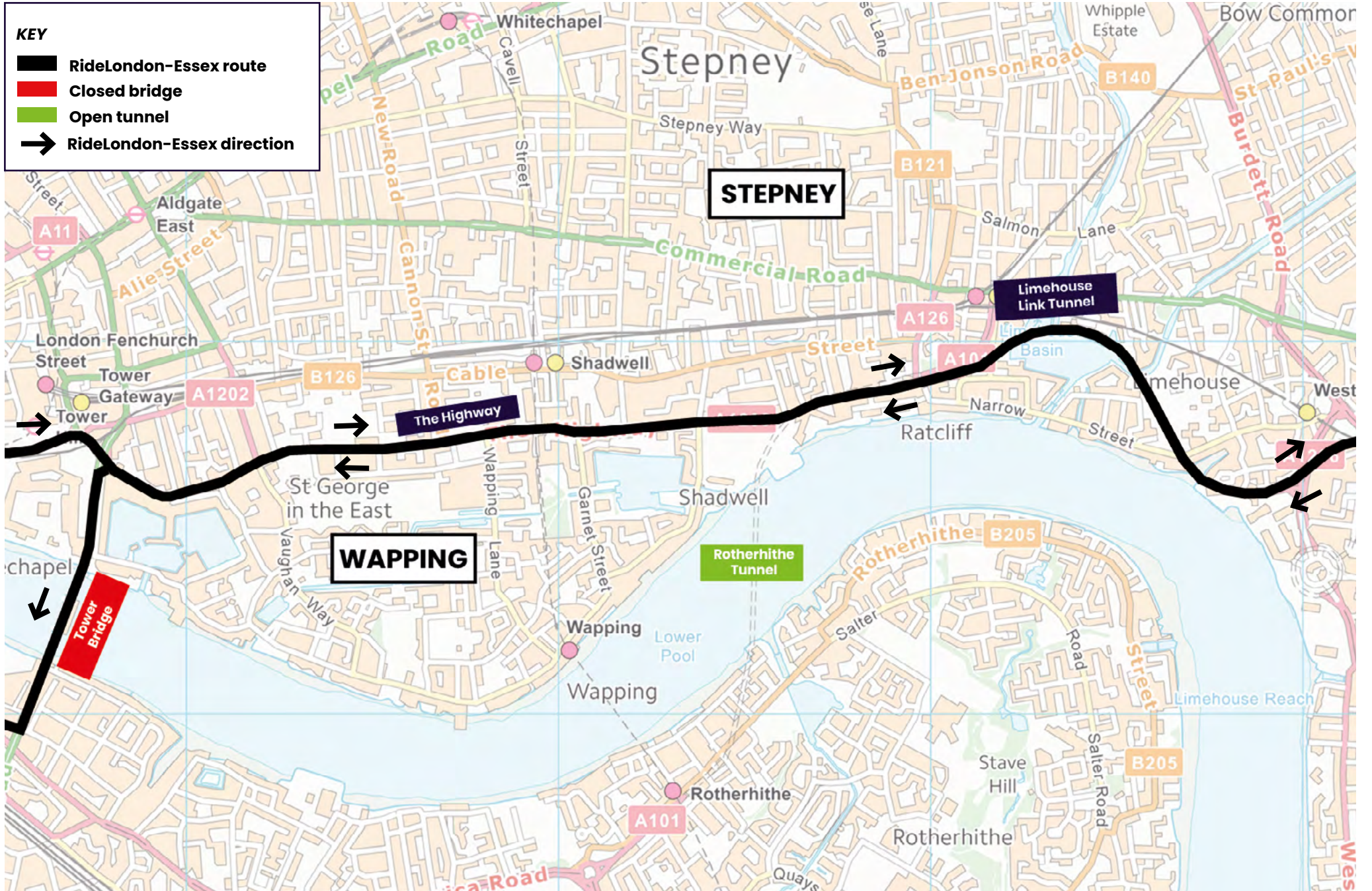
Safety and security

The safety of all our riders, spectators and volunteers is of paramount importance to us.




We are working closely with the Metropolitan Police, Essex Police, City of London Police and other organisations to ensure we have a range of measures in place to help keep everyone safe and secure.

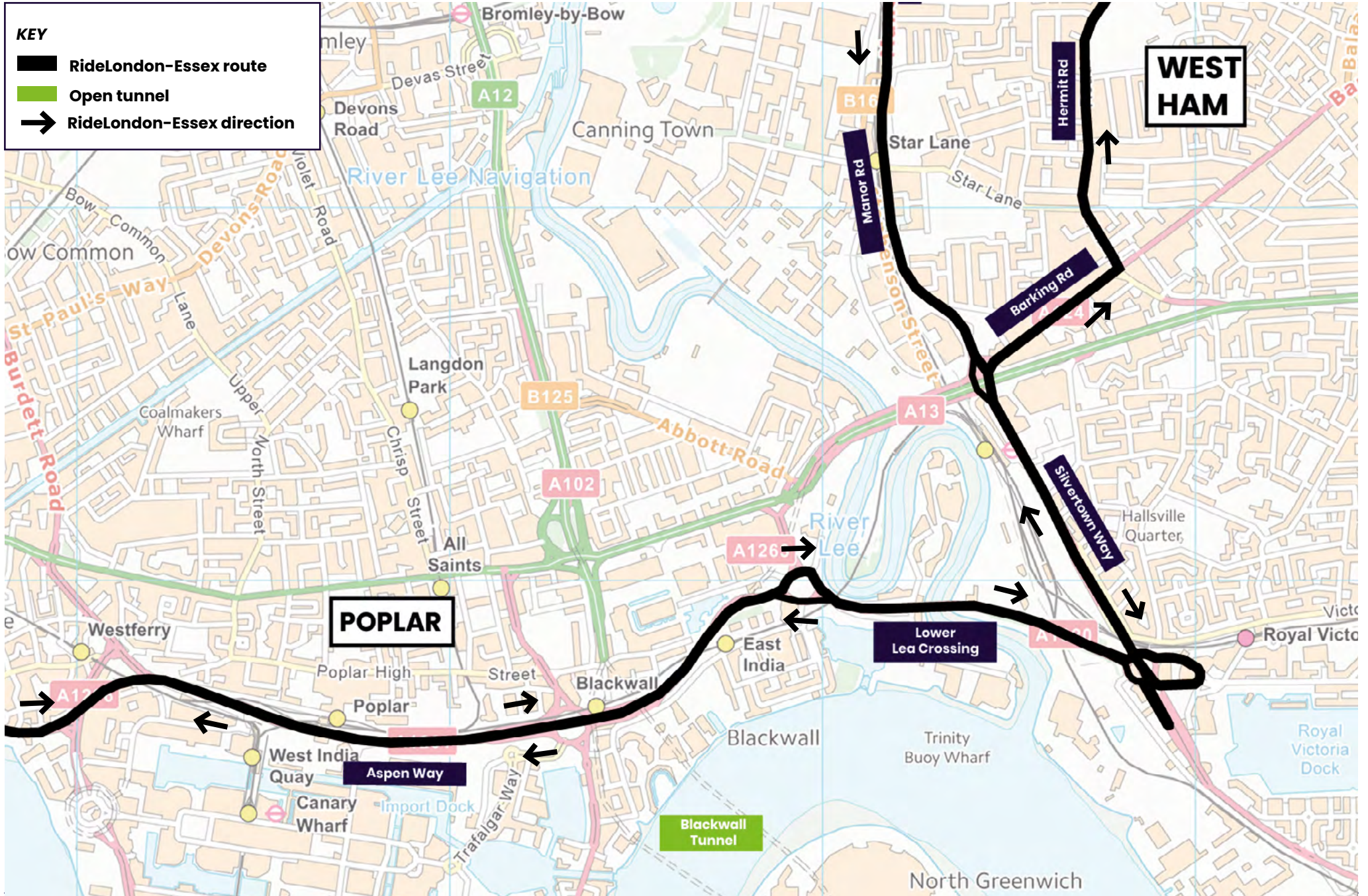
These include our SIA Trained Security Personnel, security systems and processes such as accreditation checks and security patrols.

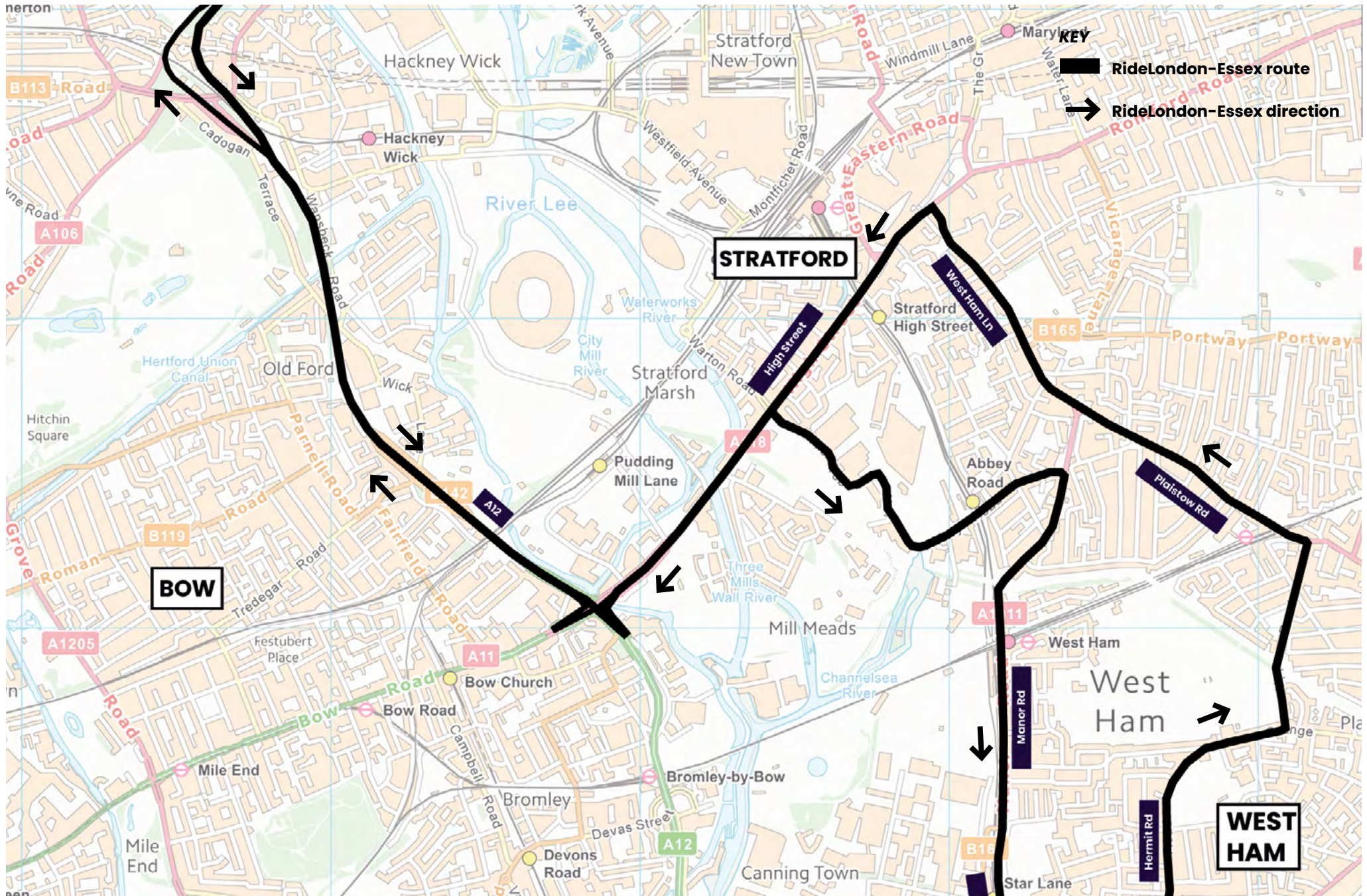
For more information, please visit met.police.uk/projectservator

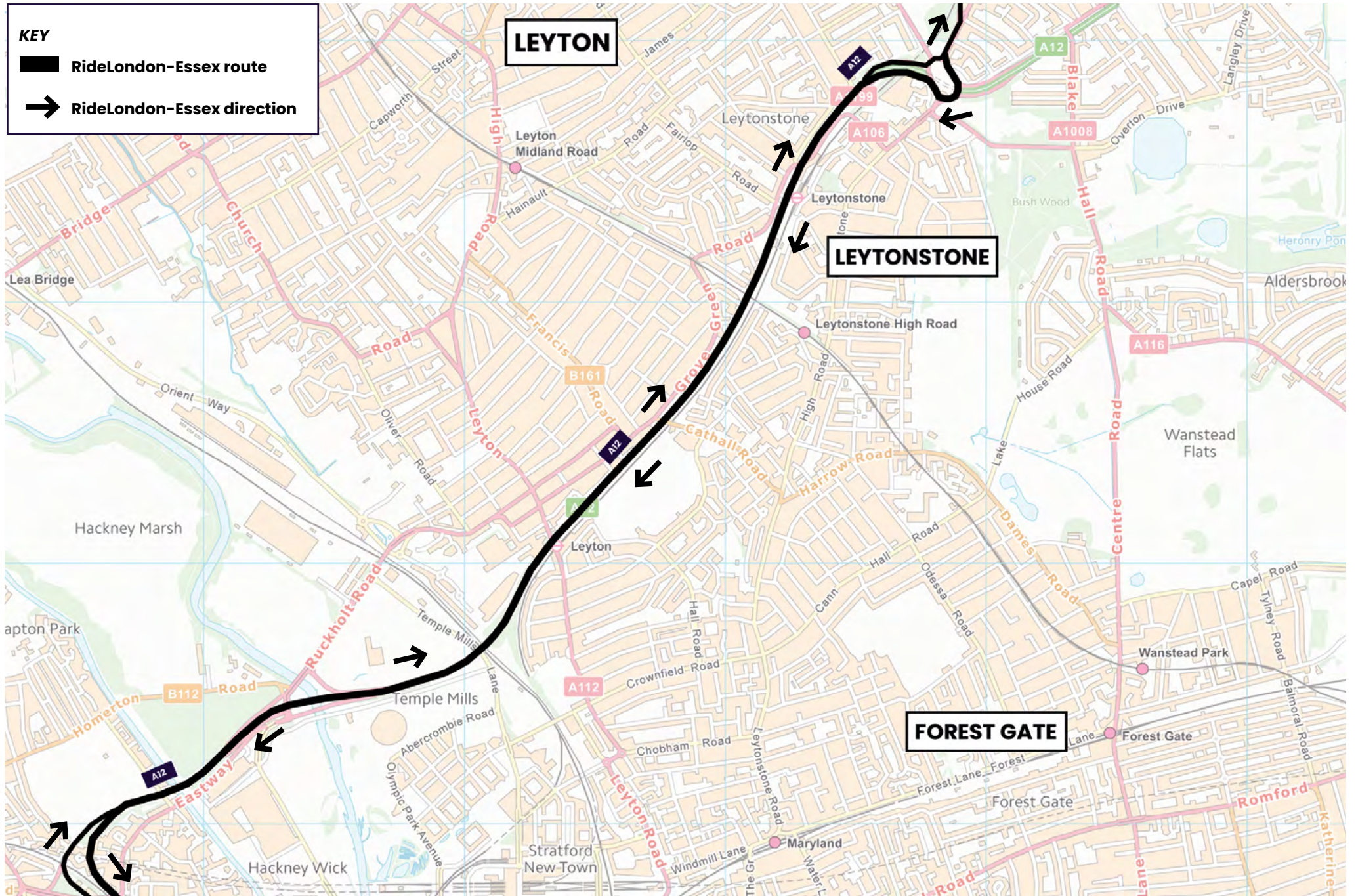


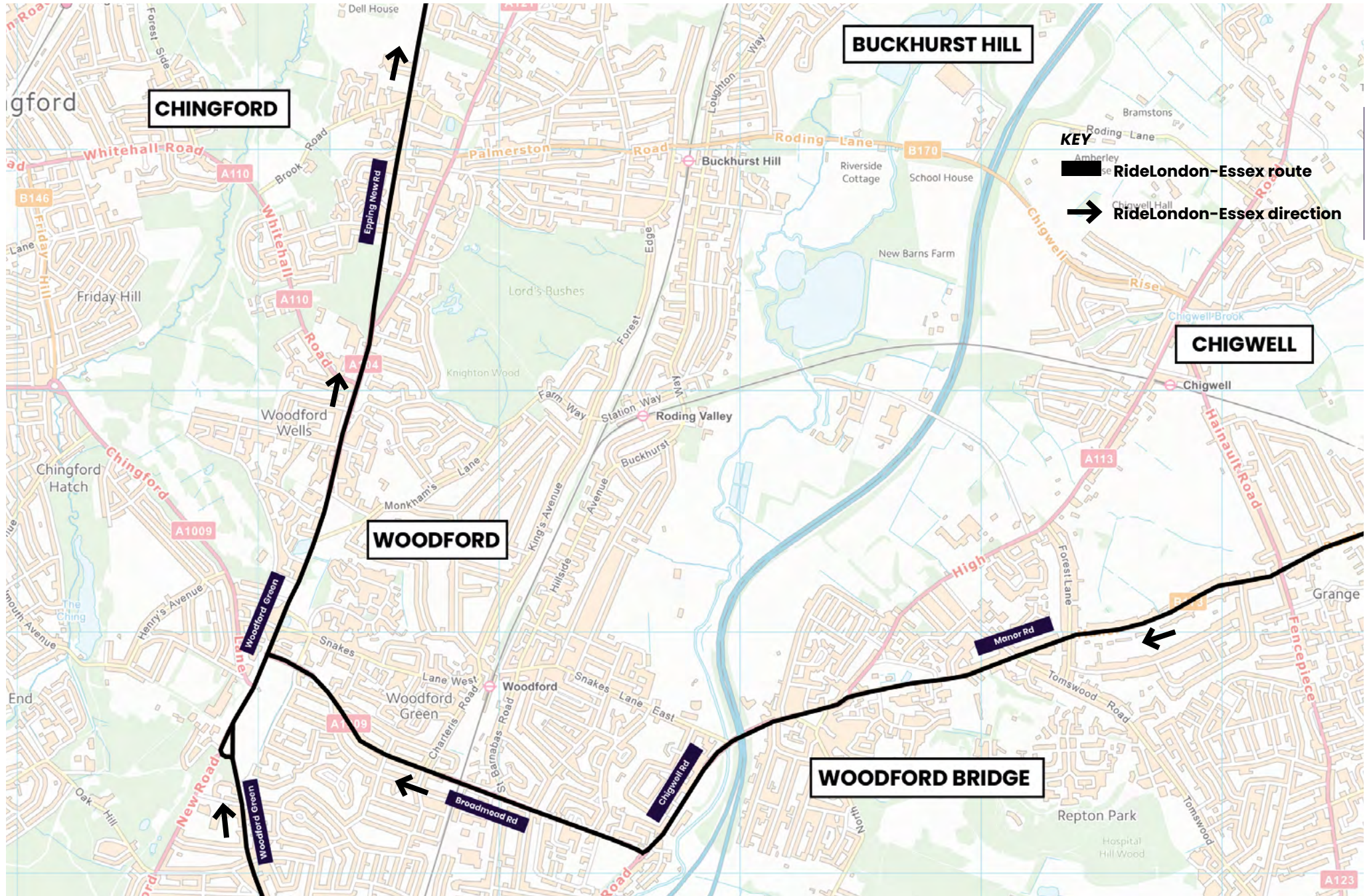
KEY

-  RideLondon-Essex route
-  Open tunnel
-  RideLondon-Essex direction









Assistance

Need help?

To receive RideLondon road closure updates via email, please register at [**ridelondon.co.uk/road-closures-updates**](https://ridelondon.co.uk/road-closures-updates)

If you have any queries or need assistance, please visit [**ridelondon.co.uk/help/contact-us**](https://ridelondon.co.uk/help/contact-us)

Thank you in advance for your cooperation and understanding in the run-up to RideLondon.

Information

[**ridelondon.co.uk**](https://ridelondon.co.uk)

[**tfl.gov.uk/ridelondon**](https://tfl.gov.uk/ridelondon)

[**helpdesk@ridelondon.co.uk**](mailto:helpdesk@ridelondon.co.uk)



[**facebook.com/RideLondon**](https://facebook.com/RideLondon)



[**@RideLondon**](https://twitter.com/RideLondon)



[**instagram.com/RideLondon**](https://instagram.com/RideLondon)

Where to watch

There are lots of great places to watch the RideLondon events and opportunities to take part too. For information on where to view the action, what's on and how to get involved, visit [**ridelondon.co.uk**](https://ridelondon.co.uk)

The London Marathon Charitable Trust

RideLondon is organised by London Marathon Events (LME) and all surplus profit generated by RideLondon and other LME events goes to The London Marathon Charitable Trust (registered charity 283813).

Organisations across the UK are eligible to apply for grants from The Trust to support projects that inspire people to get active. The Trust prioritises funding for projects in areas that host LME events, such as London and now Essex.

To find out more, visit [**lmct.org.uk**](https://lmct.org.uk)

To help plan your travel, you can view road closure information for Saturday 28 and Sunday 29 May prior to the event and live on Ride Day at [**ridelondon.co.uk/road-closures**](https://ridelondon.co.uk/road-closures)