



Epping Forest Community Champions

A programme aimed at building on the skills and knowledge of local people to create happy, friendly and healthy communities.

If you are...

- Passionate about where you live?
- Able to build strong community connections?
- Happy to support and promote fun days and community events?
- Willing to share information about local services in your area?
- Able to promote useful health improvement information with your community?

**JOIN
US...**



I really enjoy being a **Community Champion**. Finding time to help my community has really made me feel part of the community.



I have been very active in my community for many years; being a **Community Champion** enables me to better support residents in my area.



Being a **Community Champion** has helped to boost my confidence and kept me positive during difficult times.



Joining like-minded community people gave me the opportunity to share my local knowledge.
#CommunityChampions



efdcsports

... and make a real difference in your community!

For further information please contact:

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