

Support for Ukrainian families across the Epping Forest district

• Department of Work and Pensions (DWP) support

DWP staff can help you prepare and apply for jobs and give information for an English as a Second Language Course at New City College in Debden.

• Payments for Ukrainian guests

Families coming to stay in the district under the 'Homes for Ukraine Scheme' will be given £200 to buy essential items. They will be contacted by a council officer, once the council has received confirmation that the sponsor's home has passed inspection.

• A thank you payment for sponsors

Essex County Council is offering payments to sponsors who help house Ukrainian refugees.

[Essex County Council website - Apply to be a sponsor](#)

• Housing advice and assistance

Epping Forest District Council's Homelessness team offers housing advice and assistance.

[Email homelessness@eppingforestdc.gov.uk](mailto:homelessness@eppingforestdc.gov.uk)

• Citizens Advice

Citizens Advice offers advice on issues including benefits, employment, immigration, debt and legal advice.

[Citizens Advice website](#) - Call 03444 111 444

• Supported volunteers programme for West Essex

Voluntary Action Epping Forest (VAEF) can help find volunteering opportunities and direct you to other helpful services.

[Email communityhub@vaef.org.uk](mailto:communityhub@vaef.org.uk) - Call 07529 222654

• Mind in West Essex

Mental Health support.

[Mind in West Essex website](#)



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• English for speakers of other languages (ESOL) classes

At St. Mary's Church, 201 High Road, Loughton IG10 1BB

This course is for people who do not speak any English at all.

[The Living Language Project website](#)

[Email hello@livinglanguageproject.co.uk](mailto:hello@livinglanguageproject.co.uk) - Call 07520 634658

• Epping Forest ReUse

Epping Forest ReUse has a wide range of good quality donated furniture for every room, electrical appliances and household items for sale at affordable prices.

[Epping Forest ReUse website](#)

• Integration Support Services

A local charity that supports the integration of migrants, refugees and ethnic minority community members in Essex and Hertfordshire.

[Integration Support Services website](#) - Call 01279 639442

• Essex Child and Family Wellbeing Service

Healthy family hubs provide access to support and services to help children and families.

[Email vcl.essexwest-hftcentraladminhub@nhs.net](mailto:vcl.essexwest-hftcentraladminhub@nhs.net) - Call 03002 470122

• Ukrainian Get Together

St Mary's Church, Smith Room, 201 High Road, Loughton, IG10 1BB

Every Thursday 10am to 11:30am - A chance to meet with other Ukrainian families and sponsors for tea or coffee. Share your experiences, information and offer support to each other. In partnership with Voluntary Action Epping Forest.

[Email caroline@stmarysloughton.com](mailto:caroline@stmarysloughton.com) - Call 0790 398 3812

• Other Information

Other advice and information can be found on the council's website.

[Epping Forest District Council website - Ukraine crisis how you can help](#)

Please note that Epping Forest District Council takes no responsibility or liability for services not operated by them. Individuals should assess the services for their own needs and if deciding to participate in them will do so at their own risk.

