



Powering the future with food waste

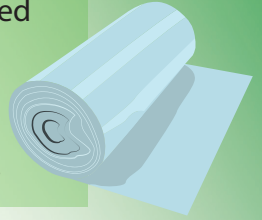
Working in partnership with

Together we can make a difference
lovesessex.org



Let's talk about recycling your food waste

Hi there! Along with this leaflet, you will have received a roll of food caddy liners, and a new sticker on your general rubbish bin. This is all part of our mission in partnership with Epping Forest District Council to increase the amount of food being recycled in Essex.



Wasting food isn't just bad for our wallets – it has a huge impact on the environment too.

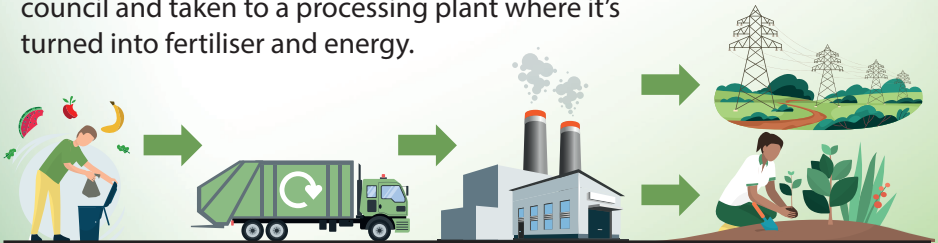
Food sent to landfill releases greenhouse gases that contribute to climate change.

Did you know that **methane** is **25 times** more potent than **carbon dioxide**?

In Essex **25%** of all the waste thrown away in the general rubbish bin is food.



Food in your kerbside caddy is collected by your local council and taken to a processing plant where it's turned into fertiliser and energy.



How we're doing in Epping Forest

Last year, households in Epping Forest recycled over 4,700 tonnes of food waste, the equivalent weight of roughly 390 double-decker buses!

However, food waste thrown away in the general rubbish bin in Essex is still costing £9 million a year to dispose of. By recycling this food, you will be helping to save money that can be spent on other essential council services.

Get started with food recycling

The best thing we can do is to only buy the food we need, and to eat the food we buy. However, sometimes food waste is unavoidable. Remember, all food can be placed in your kitchen food caddy, just make sure to remove any packaging first.

What can I put in my kitchen food caddy?



YES PLEASE

Tea and coffee grounds



Fish and meat bones



Fruit and vegetable scraps



Dairy products



Both raw and cooked food



Mouldy and out-of-date food



NO THANKS



Plastic wrap/
any packaging



Liquids such as
fats or oil



Pet waste

Remember garden waste can also be placed in the green-lidded outdoor wheeled bin with your food waste



How to recycle your food

If you've not used the food and garden waste recycling service before, check out the steps below on how to get started.

1. Ensure you have an outdoor green-lidded wheeled bin.



2. Collect your food waste using a liner. You don't have to use liners, but lots of people prefer to. You will have received a roll of liners alongside this leaflet!



3. Refer to **page 3** to check what can and can't be placed in your caddy.

4. Remember to secure your green-lidded wheeled bin once you have placed your food waste inside.



5. Please present your green-lidded wheeled bin for collection by 7am every week on your normal collection day.

To find out more about your local waste collections or to order a replacement kitchen food caddy, please visit www.eppingforestdc.gov.uk and search 'replacement bin' or scan the QR code.



Thank you for recycling your food waste, it really does make a difference! If you would like further information on food recycling, please visit lovessex.org/food-recycling

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