

Autumn term activities

Epping Forest



Play adventure

Mondays free

3:30pm to 5pm

0 to 7 years

Hazelwood Children's Centre, EN9 3EL

Our free play adventure session will support your child's early development through a number of fun games, free play, sensory play and much more. Your child will develop new skills and meet lots of new people and friends at this session.



Trampolining

Tuesdays £24.80

4pm, 5pm, 6pm

0 to 14 years

Debden Park High School, IG10 2BQ

Coached trampolining sessions where participants will work towards the Winstrada Grades whilst working to develop skills such as improved mobility, balance, co-ordination, following instructions and so much more. Please note the £24.80 is for a 4 week block booking up until October half term.



Trampolining

Wednesdays £24.80

4pm and 5pm

0 to 14 years

Ongar Leisure Centre, CM5 0GA

Coached trampolining sessions where participants will work towards the Winstrada Grades whilst working to develop skills such as improved mobility, balance, co-ordination, following instructions and so much more. Please note the £24.80 is for a 4 week block booking up until October half term.



Youth Club

Thursdays £12

5pm to 7pm

0 to 14 years

St Giles Church, Nazeing Road, Waltham Abbey EN9 2HU

This session will consist of two hours of fun and engaging activities including sensory play, messy play, food workshops and activities, sports games, relaxed sessions and free time. This session will take place at St Giles Church and we will have lots to do. Adapted sessions and games every week.



Soccerability

Fridays £4

4pm to 5pm

4 to 14 years

Town mead astro turf pitch, EN9 1JH

A fun football-based session, suitable for all levels, individual games and skills, followed by lots of mini challenges. We will be on the first pitch as you enter.

To book activities click the link below.
If your child requires any specialist healthcare support or if you have any questions please get in touch.

Book at eppingforestdc.bookinglive.com

Email wfordham@eppingforestdc.gov.uk

Autumn term activities

Harlow



Urban Limitz!

***Every other Wednesday
starting 13 September***

£8.75

6pm to 7pm

8 to 14 years

Harlow Leisurezone, CM20
3DT

Escape into the adventure Trampoline Park, the ultimate indoor obstacle arena. Tackle each of the multi level challenge areas, jump, bounce and free-style your way to fun and maybe even beat your mates! This is a relaxed session and will be on every fortnight.

To book activities click the link below.
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Autumn term activities

Uttlesford



Inclusion Activity Club

Sundays

£8

12pm to 2pm

5 to 14 years

Great Dunmow Leisure Centre
Parsonage Downs CM6 2AT

The session includes the Bouncy castle, some structured play, born2move dancing, multi-sports and trampolining. 2 separate groups will be operating at the same time group 1 for children age 5 to 7 with SEND and group 2 age 8 to 14 with SEND.

To book activities click the link below.

If your child requires any specialist healthcare support or if you have any questions please get in touch.

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